"I am the vine, you are the branches. He who abides in me, and I in him, bears much fruit; for without me you can do nothing." — *John 15:5* 



# Nuns of the Perpetual Adoration of the Blessed Sacrament

Monastery of Perpetual Adoration 771 Ashbury Street San Francisco, California 94117-4013

# THE SISTERS OF PERPETUAL ADORATION ARE:

# Contemplative

The one and only purpose of life for the Sister is to honor and glorify Jesus in the Eucharist. Her prayer life and her household tasks are all performed in a spirit of adoration, reparation and love. Thus she is a spiritual helper, a channel of grace for the Church and the whole world.

#### Cloistered

The Community lives within a well defined border which includes Convent, Chapel and grounds, leaving the cloister only when necessary. The cloister provides the needed atmosphere for our apostolate of adoration of the Blessed Sacrament.

#### Sacrificial

The Sisters' main penance is to live a hidden life with Christ, making His love known and felt throughout the world by their prayer and penance.

Any young woman 17 years or older who feels an attraction to this life after preliminary correspondence can apply for a "Come and See" visit in order to experience our lifestyle and seek discernment of her call to Consecrated Life.





## **BIOGRAPHY**

Our Venerable Mother, Mary Magdalene of the Incarnation, was born on April 16, 1770 in Italy where she grew up in a family devoted to Jesus in the Eucharist. She entered a Franciscan Community in 1788 where, as a novice, she experienced a divine inspiration in which Our Lord requested her to found the Order of Perpetual Adoration so that the Blessed Sacrament would be adored both day and night.

In 1807 Pope Pius VII gave his approval and blessing to the founding of this Order seconding Our Lord's desire that through perpetual adoration of the most Blessed Sacrament the Church be assisted by it in the work of salvation of all souls. Since its foundation in Rome the Order has grown into a worldwide community with Monasteries in Italy, the U.S.A., Africa, Austria, Chile, Mexico and Spain.

"The Cloistered Sister adoring before the Tabernacle is the most effective representative of mankind." — *Pope John XXIII* 



#### **GROWTH IN THE ORDER**

- 1818 Canonical Approval of first Constitutions.
- 1828 Second Monastery in Napoles, Italy founded.
- Pious Union established for lay people to participate in the Order.
- 1879 First Mexican Monastery opens.
- 1882 First Spanish Monastery opens.
- 1898 Monastery founded in Austria.
- 1921 First Monastery in Chile.
- 1925 First Monastery founded in USA.
- 1974 Monastery founded in Africa.
- 1970 First Constitutions approved after Vatican II.
- 1985 Second Constitutions approved.
- 1989 Secular Institute of Perpetual Adoration approved.
- 1991 Brother Adorers founded in Mexico.
- 1991 Hermit Sister Adorers founded.
- 1993 Brother Adorers approved as a Public Association and given permission to found new houses.

### THE SISTERS' LIVELIHOOD

People often wonder how the Sisters support themselves. Our daily sustenance is provided by the Providence of God as He works through generous people who share their time, talents and goods with us and our own labor. Our benefactors receive abundant blessings from the Lord for their generosity to His spouses. Each Monastic Community finds its own means of support which responds to the needs in the community where they live.

### THE SISTERS' LIFESTYLE

The Sisters' day is made up of prayer, both common and personal and various types of work which utilize each Sisters' gifts for service in love of God and neighbor. There are also recreation periods each day for outdoor exercise and enjoyment of companionship with the other Sisters in addition to free time each day for personal projects such as letter writing, reading and hobbies.

Each Sister has an hour each day assigned to her to adore the Lord on behalf of all people. The night time adoration is also assigned so that the able-bodied Sisters can fulfill this privilege of accompanying Our Lord while many sleep.



#### **COMMUNITY OUTREACH**

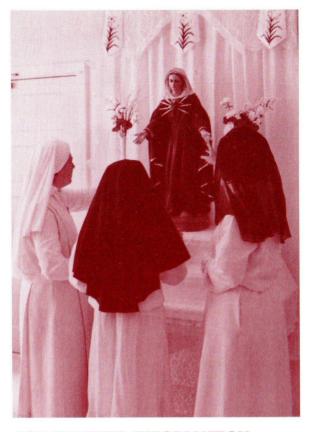
"Come apart into a desert place and rest a while." — *Mark* 6:31-32

The Sisters welcome visitors to their Chapel for daily morning Mass and anytime during the day until 6 p.m. for prayer before Jesus in the Blessed Sacrament exposed every day.

Every Friday and Saturday the Chapel is also open until 11 p.m. and 12 midnight respectively for night adoration.

Additionally everyone is welcome to become a member of the Pious Union. The members share in all the spiritual works of the Sisters and also receive 4 yearly mailings from the Monastery. Three of these mailings are invitations to the public novenas which are held yearly in our Chapel in honor of Corpus Christi, Our Lady of Sorrows and St. Joseph.





# FOR FURTHER INFORMATION CONTACT:

Monastery of Perpetual Adoration 771 Ashbury Street San Francisco, California 94117-4013 (415) 566-2743

Blessed Sacrament Monastery 2645 East 72nd Avenue Anchorage, Alaska 99507 907) 344-8461

Christ the King Monastery 145 North Cotton Street El Paso, Texas 79907 (915) 533-5323

Corpus Christi Monastery 451 Mockingbird Lane El Paso, Texas 79907 (915) 591-5662

